

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2018

LifeCircles

1
9:30-9:45 Morning Moment
10-10:30 Active Game
10:45-11:30 Sacred Circle
1:15-1:45 Group Exercise
2-2:45 Trivia: Groundhog Day
3-3:30 Sing-a-Long

2
9:30-9:45 Morning Glories
10-10:30 Group Exercise
10:45-11:30 BINGO
1:30-2:30 Music with Elvis
2:45 Snack Time
3-3:30 Creative Cuisine: Groundhogs

Groundhog Day

3
February 2nd is
GROUNDHOG
DAY



4



5
9:30-9:45 Morning Moment
10-10:30 Active Game
10:45-11:30 Wisdom Sharing
10:45-11:30 Men's Group
1:15-1:45 Group Exercise
2-2:45 Yummy Inventions
3-3:30 Sing-a-Long

6
9:30-9:45 Morning Moment
10-10:30 Manicures
10:30-11:30 Music with **Marv Luttrell**
1:15-1:45 Active Game
2-2:45 Yummy Inventions
3-3:30 Brain Games

7
10-10:30 Active Game
10:45-11:30 BINGO
1:15-1:45 Group Exercise
2-2:45 Antique Roadshow
3-3:30 Sing-a-Long

8
10-10:30 Group Exercise
10:30-1:15 **Bowling Outing**
10:45-11:30 BINGO
1:15-2 Current Events
2:15-2:45 Active Game
3-3:30 Craft: Necklaces

9
10-10:30 Active Game
10:45-11:30 Brendan's Brainstorm
1:15-1:45 Group Exercise
2-2:45 Sing-a-Long
3-3:30 Craft: Necklaces

10
February is
Friendship Month!



11
Mardi Gras is on February 13th!



12
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 BINGO
1:30-2:30 Music with Jean
2:45 Snack Time
3-3:30 Craft: Mardi Gras Masks



13
9:30-9:45 Morning Moment
10-10:30 Table Games
10:30-11:30 **Accordion Music with Michael**
1:15-1:45 Group Exercise
2-2:45 Brendan's Brainstorm
3-3:30 Craft: Mardi Gras Bracelets



14
10-10:30 Table Games
10:45-11:30 **Ash Wednesday Program**
1:30-2:30 **Accordion Music with Michael**
2:45 Snack Time
3-3:30 Trivia: Valentine's Day



Valentine's Day Party
Valentine's Day

15
9:30-9:45 Morning Moment
10-10:30 Sing-a-Long
10:45-11:30 BINGO
1:15-2 Name That Tune: Love Songs
2:10 Dancing with the Stars Routine with Francine!
3-3:30 Craft: Valentine's Day Door Hangers



Valentine's Day Party

16
9:30-9:45 Morning Moment
10-10:30 Bible Lesson with Carleta
10:30-12 **Russ's Outing**
10:45-11:30 BINGO
1:15-1:45 Active Game
2-2:45 Brain Games
3-3:30 Sing-a-Long

Chinese New Year

17
HAPPY Valentine's DAY



18
Presidents' Day Is on February 19th



19
9:30-9:45 Morning Moment
10-10:30 Table Games
10:30-11:30 Music with **Silverado**
10:45-11:30 Men's Group
1:15-1:45 Group Exercise
2-2:45 Trivia: Presidents' Day
3-3:30 Patriotic Craft

Presidents' Day (US)

20
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 BINGO
1:15-2 Sing-a-Long
1:15-2 Peer Support Group
2:15-2:45 Olympic Games
3-3:30 Creative Cuisine

21
9:30-9:45 Morning Moment
10-10:30 Olympic Games
10:30-12:30 **French Academy Manicure Outing**
10:45-11:30 BINGO
1:15-1:45 Group Exercise
2-2:45 Brain Games
3-3:30 Creative Cuisine

22
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 Biblical Storytelling with Mimi
1:15-1:45 Olympic Games
2-2:45 Armchair Travels with Helen
3-3:30 Sing-a-Long

23
9:30-9:45 Morning Glories
10-10:30 Bible Lesson with Carleta
10:45-11:30 BINGO
1:15-1:45 Olympic Games
2-2:45 Brendan's Brainstorm
3-3:30 Craft: Olympics

24
Winter Olympics Week 20th-23rd!



25
February is



BLACK HISTORY Month

26
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 BINGO
1:15-2 Brendan's Brainstorm
2:15-2:45 Active Game
3-3:30 Sing-a-Long

27
9:30-9:45 Morning Moment
10-10:30 Active Game
10:45-11:30 Sacred Circle
10:45-1:15 **Music & Lunch Outing at St. Paul Episcopal**
1:15-1:45 Group Exercise
2-2:45 Brain Games
3-3:30 Craft: Cold Hands, Warm Heart Door Hanger

28
LifeCircles Closed for Annual Staff Education Day!

See you on the 1st!

Wear Red, Pink, or Purple with Jeans on the 14th & 15th to celebrate Valentine's Day!

Wear Red, White, and Blue Jeans on the 19th to celebrate President's Day!

