

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2017 LifeCircles

1
9:30-9:45 Morning Glories
10-10:30 Active Game
10:30-12 **VanderMill Outing**
10:45-11:30 It's Trivial
1:15-1:45 Group Exercise
2-2:45 Sing-a-Long
3-3:30 Creative Cuisine



Egg Nog Month 3



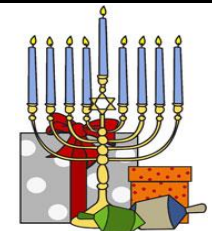
4
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 Men's Group
10:45-11:30 BINGO
1:15-1:45 Active Game
2-2:45 Yummy Inventions:
Egg Nog
3-3:30 Sing-a-Long

5
10-10:30 Manicures
10:30-11:30 **Music with Marv Luttrell**
1:15-1:45 Group Exercise
2-2:45 Yummy Inventions:
Egg Nog
3-3:30 Active Game

6
10-10:30 Group Exercise
10:30-12:30 **French Academy Manicure Outing**
10:45-11:30 Wisdom Sharing
1:30-2:30 **Music with Elvis**
2:45 Snack Time
3-3:30 Brain Games

7
10-10:30 Active Game
10:45-11:30 BINGO
1:15-1:45 Group Exercise
2-2:45 Armchair Travels with
RoseMary: Japan
3-3:30 Craft: Snowflakes

8
9:30-9:45 Morning Glories
10-10:30 Group Exercise
10:45-11:30 Brendan's
Brainstorm
1:15-1:45 Active Game
2-2:45 Sing-a-Long
3-3:30 Craft: Snowflakes



Participant 10
Bazaar: 11th-15th



11
9-10:30 Christmas Bazaar
9:30-9:45 Morning Moment
10:30-11:30 **Music with Butch & the Unbreakables**
1:15-1:45 Group Exercise
2-3:30 Christmas Bazaar

12
9-10:30 Christmas Bazaar
9:30-9:45 Morning Moment
10:45-1:15 **Music & Lunch Outing at St. Paul Episcopal**
10:45-11:30 Brendan's
Brainstorm
1:15-1:45 Active Game
2-3:30 Christmas Bazaar
First Day of Hanukkah

13
9-10:30 Christmas Bazaar
9:30-9:45 Morning Moment
10:45-11:30 BINGO
1:15-1:45 Group Exercise
2-3:30 Christmas Bazaar

14
9-10:30 Christmas Bazaar
9:30-9:45 Morning Moment
10:45-11:30 Biblical
Storytelling with Mimi
1:15-1:45 Active Game
2-3:30 Christmas Bazaar

15
9-10:30 Christmas Bazaar
9:30-9:45 Morning Glories
10:45-11:30 BINGO
1:15-1:45 Group Exercise
2-3:30 Christmas Bazaar



17
Wear a Holiday
Sweater & Jeans
on the 18th & 19th!



18
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 Holiday Program
1:15-1:45 Active Game
2-2:45 Arm-Chair Travels with Helen
3-3:30 Craft: Christmas

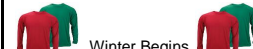


19
9:30-9:45 Morning Moment
10-10:30 Active Game
10:45-11:30 Holiday Program
1:15-2 Trivia: Christmas
1:15-2 Peer Support Group
2:15-2:45 Group Exercise
3-3:30 Craft: Christmas



20
9:30-9:45 Morning Moment
10-10:30 Table Games
10:30-11:15 **Time for Tai Ji with Chris Campbell**
1:15-2 Antique Road Show
2:15-2:45 Active Game
3-3:30 Christmas Caroling

21
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 BINGO
1:30-2:30 **Music with Tom**
2:45 Snack Time
3-3:30 Brain Games



Winter Begins

22
9-9:45 Christmas Caroling
10-10:30 Active Game
10:45-11:30 BINGO
12:30-1:00 Group Exercise



23
Wear **Red or Green** with Jeans
on the 21st!



Merry Christmas 24



25
LifeCircles is Closed For the Holiday Merry Christmas!
Christmas Day

26
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 BINGO
1:15-2 Brendan's Brainstorm
2:15-2:45 Active Game
3-3:30 Craft: 2018 Calendars

Kwanzaa Begins

27
9:30-9:45 Morning Moment
10-10:30 Table Games
10:30-11:30 **Music w/ Chris**
1:15-1:45 Group Exercise
2-2:45 Brain Games
3-3:30 Craft: 2018 Calendars

28
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:30-12:00 **Russ's Outing**
10:45-11:30 Sacred Circle
1:15-2 Trivia: New Year's
2:15-2:45 Active Game
3-3:30 Sing-a-Long

29
9-9:45 Table Games
10-10:30 Active Game
10:45-11:30 BINGO
11:59 Count Down to Noon!
12:30-1:00 Group Exercise



30
HAPPY KWANZAA



Happy New Year!



New Year's Eve



Wear a Holiday Sweater & Jeans on December 18th & 19th!



Wear Red OR Green with Jeans on the 21st!