

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Happy New Year!



LifeCircles 1
CLOSED for the Holiday!
HAPPY NEW YEAR
New Year's Day

2
9:30-9:45 Morning Moment
10-10:30 Manicures
10:30-11:30 **Music with Marv Luttrell**
1:15-1:45 Group Exercise
2-2:45 Brendan's Brainstorm
3-3:30 Active Game

3
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 BINGO
1:30-2:30 **Music with Jean**
2:45 Snack Time
3-3:30 Brain Games

4
9:30-9:45 Morning Moment
10-10:30 Active Game
10:30-12 **VanderMill Outing**
10:45-11:30 Wisdom Sharing
1:15- 1:45 Group Exercise
2-2:45 Trivia: Winter
3-3:30 Craft: Snowmen

5
9:30-9:45 Morning Glories
10-10:30 Group Exercise
10:45-11:30 BINGO
1:15-1:45 Active Game
2-2:45 Brain Games
3-3:30 Sing-a-Long



7

Hat, Mitten, & Long underwear Month!

8
9:30-9:45 Morning Moment
10-10:30 Active Game
10:45-11:30 BINGO
10:45-11:30 Men's Group
1:30-2:30 **Music with Elvis**
2:45 Snack Time
3-3:30 Brain Games
Elvis's Birthday!

9
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:30-12:00 **Russ's Outing**
10:45-11:30 Brendan's Brainstorm
1:15-1:45 Active Game
2-2:45 Yummy Inventions
3-3:30 Sing-a-Long

10
Pajama Day!
9:30-9:45 Morning Moment
10-10:30 Active Game
10:45-11:30 Biblical Storytelling with Mimi
1:15-1:45 Group Exercise
2-2:45 Yummy Inventions
3-3:30 Antique Roadshow

11
Pajama Day!
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 BINGO
1:15-1:45 Active Game
2-2:45 Trivia: Pajama's
3-3:30 Sing-a-Long

12
9:30-9:45 Morning Glories
10-10:30 Active Game
10:30-11:30 **Music with Butch & the Unbreakables**
1:15-1:45 Group Exercise
2-2:45 Brain Games
3-3:30 Craft: Hot Chocolate Mug Hangers

13
Remember to Wear your Pajamas on the 10th & 11th!

14
MARTIN LUTHER KING, JR. DAY

MARTIN LUTHER KING, JR. 1929-1968

15
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 BINGO
1:15-2:45 **Movie & Popcorn**
1:15-2 Trivia: Martin Luther King Day
2:15-2:45 Table Games
3-3:30 Active Game
Martin Luther King Day

16
9:30-9:45 Morning Moment
10-10:30 Active Game
10:45-11:30 BINGO
1:15-1:45 Group Exercise
1:15-2 Peer Support Group
2-2:45 Brain Games
3-3:30 Sing-a-Long

17
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 BINGO
1:15-1:45 Active Game
2-2:45 **ArmChair Travels with Helen**
3-3:30 Craft: Snowflake Bracelets

18
9:30-9:45 Morning Moment
10-10:30 Table Games
10:30-11:30 **Music with Silverado**
1:15-1:45 Group Exercise
2-2:45 Antique Roadshow
3-3:30 Craft: Snowflake Bracelets

19
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:30-1:15 **Mall & Lunch Outing**
10:45-11:30 Brendan's Brainstorm
1:15-1:45 Active Game
2-2:45 Sing-a-Long
3-3:30 Tea Social

20
January is... Hot Tea Month!

21

National Pie Day Is January 23rd!

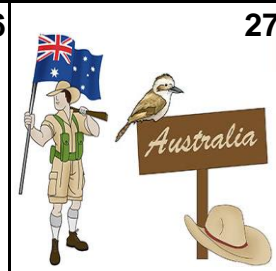
22
9:30-9:45 Morning Moment
10-10:30 Active Game
10:30-12:00 **Russ's Outing**
10:45-11:30 Sacred Circle
10:45-11:30 Men's Group
1:15-1:45 Group Exercise
2-2:45 Brain Games
3-3:30 Craft: Pies

23
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 Trivia: Pie
1:30-2:30 **Tom Hull**
2:45 Snack Time
3-3:30 Craft: Pies

24
9:30-9:45 Morning Moment
10-10:30 Active Game
10:45-11:30 Current Events
1:15-1:45 Group Exercise
2-2:45 Sing-a-Long
3-3:30 Brain Games
National Compliment Day!

25
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 BINGO
1:15-1:45 Active Game
2-2:45 Current Events
3-3:30 Sing-a-Long

26
9:30-9:45 Morning Glories
10-10:30 Active Game
10:45-11:30 BINGO
1:15-2:00 Brain Games
2:15-2:45 Group Exercise
3-3:30 Craft: Boomerangs
Australia Day



28

29
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:45-11:30 BINGO
1:15-2 Brendan's Brainstorm
2:15-2:45 Active Game
3-3:30 Creative Cuisine

30
9:30-9:45 Morning Moment
10-10:30 Active Game
10:30-1:15 **Bowling & Lunch Outing at the Eagle's**
10:45-11:30 BINGO
1:15-1:45 Group Exercise
2-2:45 Brain Games
3-3:30 Creative Cuisine

31
9:30-9:45 Morning Moment
10-10:30 Group Exercise
10:30-11:30 **Music w/ Chris**
1:15-2 It's Trivial
2:15-2:45 Active Game
3-3:30 Sing-a-Long
Tu B'Shevat

LifeCircles January 2018
*** Wear Pajama's on the 10th & 11th!**
*** Wear a hat on the 15th for National Hat Day!**