

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Holland Pace



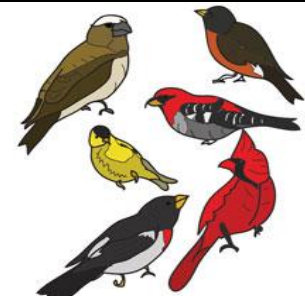
Groundhog Day



Super Bowl Sunday!!



February Flower- Violet



Bird Watching Month

Nail Care-Mondays and Thursdays @ 10:00-11:00
Men's Group-Mondays @ 10:00
Bible Study-Wednesdays @10:00
Spanish Bible Study-Tuesdays @10:15-10:45
2:00-4:30-Daily Open Rec Time

3 9:30-10:00-Hot Topics
10:15-1:00-Outing: Bowling
 10:15-10:45-Balloon Hockey
 11:00-11:45-Bingo!
 1:00-1:30-Finding Phil Talley Up and Winner!
 1:30-2:00- Hangman

10 9:30-10:00-Hot Topics
 10:15-10:45-Brain Teasers
10:15-11:45-Outing: Africa's Child Thrift Store
 11:15-11:45-Balloon Volleyball
 1:00-2:00-Movie Monday!

17 9:30-10:00-Hot Topics
 10:15-10:45-Bean Bag Toss
 10:15-10:45-Presidential Trivia
10:15-11:45-Outing: Michaels
11:00-11:45-Shadow Stamping Art Project
 1:00-1:45-Bingo!

24 9:30-10:00-Hot Topics
 10:15-10:45-Beach Ball Toss
10:15-1:00-Outing: Bethesda Farm
10:15-10:45-Coffee Filter Flower Wreaths
 11:00-11:45-Bingo!
1:00-2:00-Bingo Store/Table Games

4 9:30-10:00-Current Events
 10:30-11:00-Exercise w/ Elise
 10:15-10:45-Color Corner
 11:00-11:45-Wacky Wordies
 12:30-1:15-Chronic Pain Group
 1:00-1:45-Bingo!

11 9:30-10:00-Current Events
10:15-10:45-Valentine's Cards
 10:30-11:00-Exercise w/ Elise
10:45-11:45- Music w/ Marv
 1:00-1:45-Bingo!
 2:00-2:30- Exercise w/ Elise

18 9:30-10:00-Current Events
 10:15-10:45-Cornhole
 10:15-10:45-Table Games
 10:30-11:00-Exercise w/ Elise
11:00-12:00-Music w/ Martin
 1:00-1:45-Bingo!
 2:00-2:30- Exercise w/ Elise

25 9:30-10:00-Current Events
10:15-11:45-Outing: Dollar Store
 10:15-10:45-Mini Golf
 10:30-11:00-Exercise w/ Elise
 11:00-11:45-Trivia
1:00-2:00-Bingo Store/Table Games
 2:00-2:30- Exercise w/ Elise

5 9:30-10:00-Gather & Giggle
 10:15-10:45-Beach Ball Toss
10:15-11:30-Outing: Haircuts
 11:00-11:45-Wacky Wordies
 1:00-1:45-Eat, Wear, or Drive?

12 9:30-10:00-Coffee Catch-Up
 10:15-10:45-Exercise Group
 10:15-10:45-Color Corner
11:00-12:00-Music w/ Chris
 1:00-1:45-Bingo!

19 9:30-10:00-Hymnals
10:15-1:00-Outing: Bowling
 10:15-10:45-Brain Teasers
 11:00-11:45- Cooking w/ Jess
 1:15-2:00-Brendan's Brainstorms

26 9:30-10:00-Gather & Giggle
 10:15-10:45-Cornhole
11:00-11:45-Coffee Filter Flower Wreaths
 11:00-11:45-Table Games
 1:00-1:45-Brain Teasers

6 9:30-10:00-Coffee Catch-Up
 10:15-10:45-Riddle Me This
 10:30-11:00-Exercise w/ Elise
11:00-11:45-Valentine's Craft
 1:15-2:00-Brendan's Brainstorms

13 **9:30-10:00-Hymnals**
10:15-11:45-Outing: Africa's Child Thrift Store
10:15-10:45-What/Who Am I?
11:00-11:45-Valentine's Baking
1:00-1:45-Valentine's Party! Wear Pink or Red!

20 9:30-10:00-Gather & Giggle
 10:15-10:45-Balloon Volleyball
 10:30-11:00-Exercise w/ Elise
 11:15-11:45-Eat, Wear, or Drive?
1:00-2:00-Music w/ Shari & Wyatt

27 **Day Center Closed Today**

7 9:30-10:00-Gather & Giggle
10:15-11:45-Outing: Dollar Store
 10:15-10:45-Groundhog Day Trivia/Facts
 11:00-11:45-Finding Phil the Groundhog!
 1:00-1:45-Bingo!

14 9:30-10:00-Gather & Giggle
 10:15-10:45-Balloon Baseball
 11:00-11:45-Easy Does It Trivia
 1:00-1:45-Nutritional Wisdom w/ Emily

21 9:30-10:00-Coffee Catch-Up
 10:15-10:45-Old Wives Tales
 10:30-11:00-Movement for a Healthy Heart Presentation
 11:00-11:45-Fact or Fiction?
 1:15-2:00-Birthday Celebration

28 Don't forget to sign up for community outings prior to the outing. Sign-up sheets will be brought around first and then posted on the white board in the day space. If you need help, please see a staff member.

8 9:30-10:00-Hymnals
 10:15-10:45-Mini Golf
11:00-11:45-Valentine's Cards
 1:00-1:45-African American Trivia

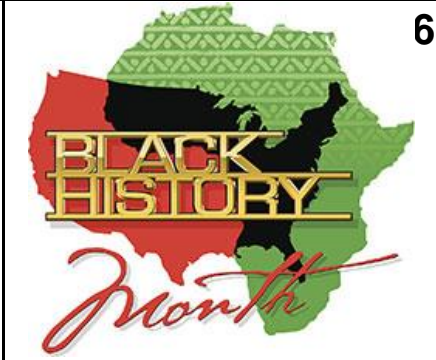
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23 **Fairytales Month**



February Gemstone- Amethyst



Fairytales Month

